



*Elegant Dental Clinic*

**we make you smile**



# About Us

Elegant Dental Clinic was birthed in 2019 as a dental service provider, bridging gaps in dentistry, and providing affordable and effective quality services.

We aim at making dentistry available and keeping it affordable for all gradients of community.



### **Our motto:**

Quality and affordability are the two sides of our coin.

### **Our vision:**

To make you smile.

We restore your lost smile.

We repair your aching tooth.

We replace your missing tooth.

We do it all *with a smile*.



# Our Solutions:

We offer a wide range of solutions to treat our patients, doing it all with a smile.

## PROPHYLAXIS

1. Scaling
2. Polishing
3. Flouride Varnish

## DENTAL DECAY

1. Restorations (Temporary and permanent filling)
2. Inlay/Onlay
3. Root canal
4. Crowns/Post and core
5. Tooth extraction

## MISSING TOOTH

1. Bridges
2. Removable Partial Denture
3. Flexible Denture
4. Complete Denture

## MISCELLANEOUS

1. Sports Guard
2. Night Guard
3. Orthodontic Retainers (Removable and Fixed)

## COSMETIC PROCEDURES

1. Tooth Jewellery
2. Closing Midline Diastema
3. Gold crowns
4. Snap-on smile
5. Veneer (Smile Design)
6. Tooth whitening

## PEDIATRIC DENTAL PROPHYLAXIS

1. Pit and Fissure Sealant
2. Restoration
3. Root Canal
4. Stainless Steel Crown
5. Space Maintainer



# Dental Prophylaxis

Prophylaxis comes from the Greek language, and it means 'to prevent beforehand'. Therefore, dental prophylaxis is a procedure that we do to thoroughly clean the teeth, and prevent disease and damage to the teeth and gums.

# Scaling

Healthy gums are coral pink in colour, and do not bleed on brushing. If your gum bleeds, it may mean there are deposits of plaque and calculus on the gums and teeth.

Scaling is a treatment that is done to remove the buildup plaque, calculus and other deposits on teeth and gums. We carry out this procedure, combined with polishing, as an extension of the teeth brushing process. We clean the places that are difficult for you to reach with a brush.



Teeth with deposits



Healthy teeth and gums

# Polishing

Once teeth scaling has been done, we polish your teeth to create a smooth surface that prevents further buildup of plaque. This treatment freshens the breath and limits tooth decay. It also provides a glossy and smooth look to the teeth.





## Fluoride Varnish

Fluoride is a mineral that is found in food and water supplies. After teeth polishing, we apply a protective layer of fluoride to restore the mineral on the tooth surface. Fluoride treatments or sealants are also used to prevent decay in the teeth. Fluoride treatments can be of two types:

1. In-office application: This treatment is performed by a dental professional at Elegant Dental Clinic. Here, a fluoride foam or gel is applied to the teeth and left to sit for 30 minutes. The fluoride helps to strengthen the teeth that have been weakened.
2. At-home treatments: To support the in-office fluoride treatment, there are various treatments like a fluoride toothpaste or mouthwash you can use at home. These strengthen the teeth and prevent cavities.

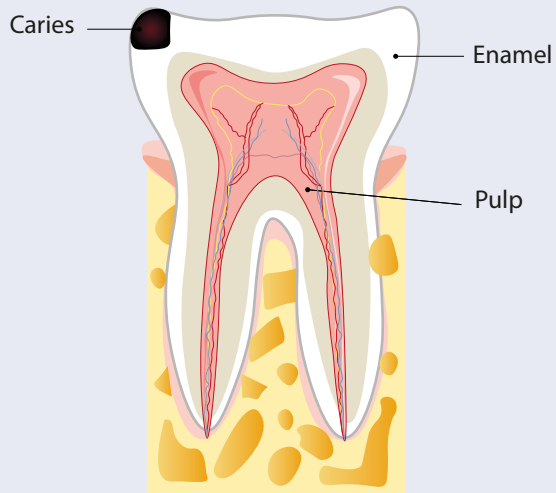


# Dental Decay

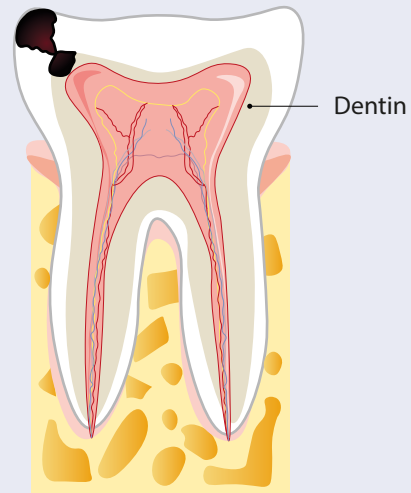
Dental or tooth decay, also commonly termed as cavities, is a damaged area on the tooth caused by bacterial activity and poor oral hygiene. Dental decay can penetrate deeper and cause damage even to the nerve of the teeth.



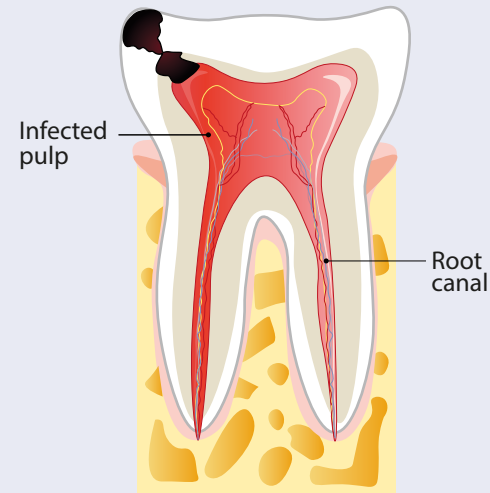
# Process of Caries Activity



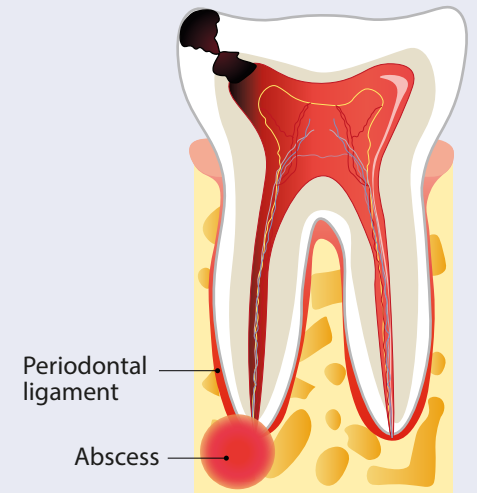
**Enamel Caries**



**Dentin Caries**



**Pulpitis**



**Periodontitis**

# Restoration

A restoration, also called a filling, is the only treatment option when the decay has progressed beyond repair. Here, we use a drill and remove the decayed parts of the tooth. Then, the tooth is filled in. Fillings can be of two types:

**Temporary Filling:** A temporary filling is a temporary treatment for a damaged tooth. It is eventually replaced with a permanent filling. They are usually used when the dentist wants to evaluate the tooth further or when sufficient time is not available for a permanent restoration. A temporary filling is made of softer material, since it has to eventually be removed.

**Permanent Filling:** A permanent filling is a restorative teeth treatment. It is used to fill and seal a cavity, thereby preventing decay to the tooth. Fillings can be made of different materials like composite (white), amalgams (silver) or porcelain.



Before



After

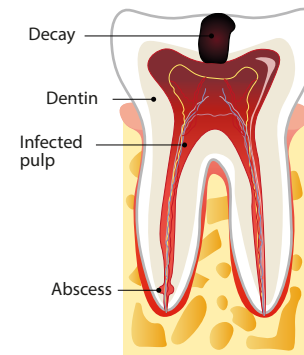
# Root Canal

When the decay has reached the inner layer of the tooth (pulp), it can cause the nerve of the tooth to die. At this point, root canal treatment is the only option to repair and save a damaged tooth, instead of extracting it.

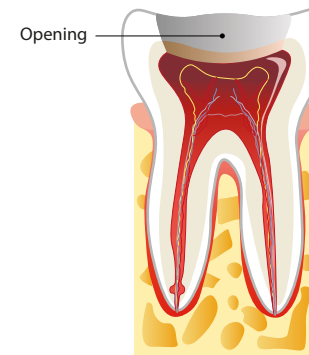
During this treatment, the nerve tissue, pulp material and decayed part of the tooth is removed. Then, another material called gutta percha is used to fill the space. By this, a hermiseal is achieved between the outer atmosphere and the inner tissues so that infection cannot spread.

We use cutting-edge technology to carry out this treatment, while ensuring that it is affordable too.

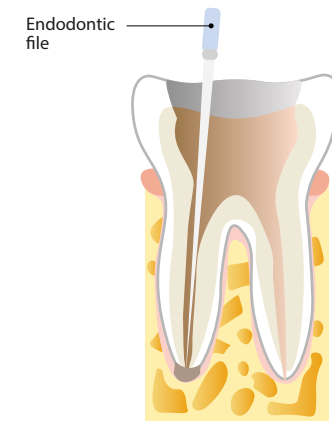
## Root Canal Treatment



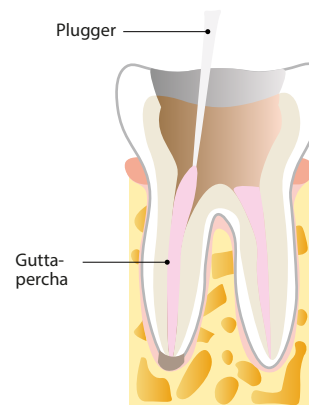
**Infected tooth**



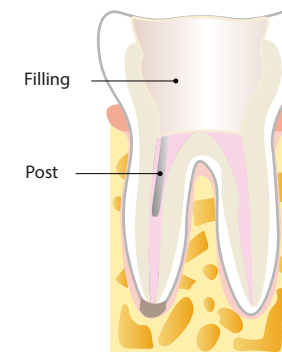
**Opening made in tooth**



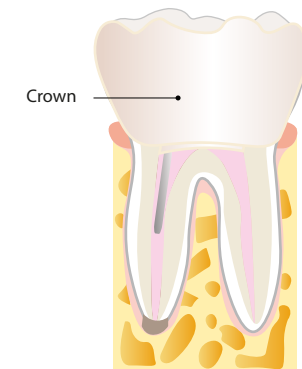
**Infected tissue removed;  
Canals cleaned**



**Canals filled with a  
permanent material  
(gutta-percha)**



**Opening sealed with filling.  
In some cases, a post is  
inserted for extra support**



**New crown cemented onto  
rebuilt tooth**

# Dental Inlay and Onlay



Inlays and onlays are methods to build a tooth that has lost most of its structure because of decay. They are an indirect restoration method, since they are made in a laboratory.

An inlay is a custom-made restoration used to fill cavities or holes in the tooth. An onlay is used not only to fill in small areas, but covers the cusps of a tooth, including the biting surface. It is also called a 'partial crown', since it acts as a crown but covers only a portion of the tooth.

Both inlays and onlays are made from the same material and perform similar functions. The key difference between the two is that they cover different parts of a tooth.

Different material can be utilised to create a dental inlay or onlay. These include composite resin, ceramic (porcelain), and zircon.

# Crowns

When a tooth is extensively decayed, you may need a crown. A crown is a custom fitting over the tooth that replaces the lost tooth structure and gives additional support to the teeth.

## Post and Core

Sometimes, large portions of a tooth can be missing because of decay, fracture or a worn out filling. The tooth structure is insufficient to support a crown. If this is the case, a post is put inside the tooth. It is used as a concrete pillar to build the tooth again (core), and the crown is put on top of it.



Cast of a crown

# Missing Tooth

If you have a missing tooth, and want to get it replaced, there are various options for you.



# Effects of a missing tooth

01

## Shifting teeth

The neighbouring teeth start moving in an attempt to close the gap created by the missing tooth. This in turn, can result in other teeth moving, and overtime can affect the entire bite.

02

## Malocclusion

Our teeth are made to be in harmony with each other. The upper jaw occludes with the lower jaw. When there is a missing tooth, it can cause bite alignment problems.

03

## Chewing difficulty

Teeth are used to chew and break down food. When food is not chewed properly due to a missing tooth, it can result in gastric problems.

04

## Speech problems

A missing tooth can result in speech impairment. It can make pronunciation of certain words difficult. Slurring or spitting while speaking can be caused by a missing tooth.



# Bridges

A dental bridge is a false tooth that is kept in place by taking support from the neighbouring teeth on either side.



Cast of a bridge



Before



After

## Removable Partial Denture

A removable partial denture is a method to replace a missing tooth. It can be done without altering the neighbouring teeth.



## Flexible Denture

A flexible denture is a partial denture to replace all or some of your teeth.

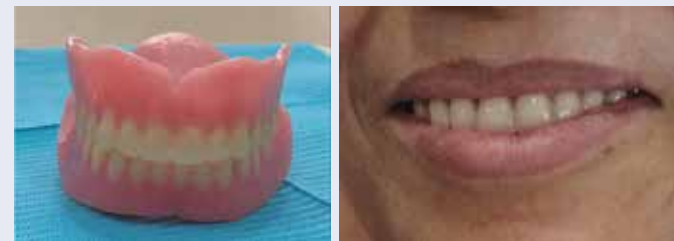


Before

After

## Complete Denture

Full dentures, or complete dentures, consist of both upper and lower sets and are removable devices that can be used to replace all of a patient's missing teeth.



Complete Denture

After

# Cosmetic Procedures

Enhance your smile with our cosmetic procedures. We provide you with a range of options as small as closing gaps between teeth and tooth jewellery, to major transformation procedures like a complete smile makeover.



# Tooth Jewellery



# Closing Midline Diastema



Before



After

# Veneer



Before



After

# Tooth Whitening



Before



After



*Elegant Dental Clinic*  
we make you smile

# Miscellaneous

01



Sports Guard

02



Night Guard

03



Orthodontic Retainers  
(Removable)

04



Orthodontic Retainers  
(Fixed)



# Pediatric Dental Prophylaxis

We are family oriented dentists and we serve the dental requirements of kids too. Ensure the oral health of your kids with our wide range of options.

## Pit and Fissure Sealant



## Restoration





**Root Canal**



**Stainless  
Steel Crowns**



**Space Maintainers**

# Testimonials

“

“Excellent services, outstanding work and very friendly staff. Doctor Nilofer and her staff did an amazing job. Made me feel so comfortable during the whole procedure. Probably one of the most friendliest doctor I have ever come across. I highly recommended for all dental problems.”



Vanessa D

“

Amazing service, the job was done with perfection. I have been to many clinics, but so far, this is the best experience I have had, all thanks to Dr. Fulayilath. Wishing immense success for this clinic.



Nisar J

“

“Amazing doctor! Hygienic clinic! Friendly staff! I have always had a fear of dentists till I met Dr Lovelin who kept me relaxed, calm and always made time whenever I needed an appointment! I haven't smiled in 27 years due to my teeth and in a matter of 4 weeks I got my smile back! Definitely one of the best dentists in Dubai!”



Joelene K

# Testimonials

“

“I would like to thank Dr. Lovelin Paul and her assistant for their outstanding professionalism during my visits to the clinic. At all times I was made to feel at ease and always told what to expect during the procedures. Thank you again for the pleasant and painless visits.”



Madan K

“

“Waw I just want to appreciate Elegant Dental Clinic because today I was treated there and it was very good. The Doctor and staff gave their all just to treat me well because my case was terrible. The surgery took almost 2 hours, but I want to thank Dr. Nilofer and her assistant for giving all her efforts to treat me well. Now I am very good and have no tooth pain, you are the best!!!”



Mike A

“

Dr. Lovelin Paul is the best dentist in Dubai. Our family & friends have always been satisfied with her services. God has blessed her with good wisdom in her profession. She always treats patients with a smile and gives good medical advice for teeth problems. The price is also reasonable and worth it. Thank you so much.”



Jeberson J



Scan the QR code to visit the website.

## Contact us

+971 50 937 4577  
+971 4 878 6959

## Visit us

Flat 103, Saheel Tower 1, Al Nahda 1  
Dubai, United Arab Emirates





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