

MEMBERSHIP PROGRAMS

Single Membership Price AED 2500/-

Entitles..

- 1. 15 Sessions Ayurveda Abhyangam Massage + Steam bath. (Massage therapy to relax the body and to relieve the pain and fatigue) OR
 15 Sessions Herbal Powder Massage for Slimming and Toning.
- 5 Sessions Sirodhara Treatment. (Ideal for Stress relief, Improving Concentration, Memory & Sleep disturbances)
 OR
- 3. 5 Sessions Pathrasweda Massage.
- 4. 3 Sessions Herbal Facial, 2 Sessions Anti Hair loss treatment.
- 5. 1 Year Free consultation with our Doctor.
- 6. 20% Discount on Yoga classes and Pranayama sessions.
- 7. 10% Discount on all Ayurveda Medicines.
- 8. Full body check- up.

Double Membership Price AED 4150/-

This is the family membership or you can gift to any of your friends or family members under this scheme.

This scheme offers

- 30 Sessions Ayurveda Abyangam Massage or Pathrasweda + Steam Bath.
 OR
 28 Sessions Slimming Therapy Massage + Steam Bath.
- 2. 7 Sessions Sirodhara.
- 3. 7 Sessions Herbal facial, 5 Sessions Hair loss treatment.
- 4. One Year free consultation to the Members or recommended.
- 5. 20% Discount on Yoga Therapy and 10% Discount on Medicines.

NAME (1)	(2)
Contact No.	
Signature	







AYURVEDA MASSAGE

(60 Mts.) - AED 150/-

- Herbal oil massage from head to toes relaxes the muscles and relieves the pain.
- Improves blood circulation.
- Remove toxins from the body.

SIRODHARA

(75 Mts.) - AED 225/-

- Excellent treatment for both body & mind.
- If you are tired experience this heavenly ritual.
- Improves sleep, enhances your concentration level, boosts memory.
- Relief from head aches & migraine



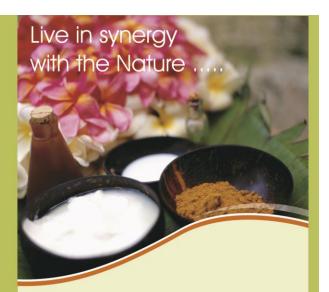
HERBAL POWDER MASSAGE FOR SLIMMING (60Mts.) - AED 180/-

- 'Udwarthanam' is the herbal massage therapy to tone the body and to reduce the fatty layers beneath the skin.
- It helps to loose inches and reduce the body weight.

HERBAL FACIAL (30Mts.) - AED 125/-

- Combats dryness and delay ageing
- Remove marks & wrinkles, enhance the glow of the face





What Else We Do Here

European Massage (60 Mts.) - AED 160/-

Deep Tissue Massage (60 Mts.) - AED 200/-

Head Massage (30 Min) - AED 100/-

Back & Neck Massage (45 Mts.) - AED 120/-

Other Body Treatments

Detoxifying body Scrub (30 Mts.) - AED 120/-

Nydrating body Scrub (30 Mts.) - AED 120/-

Nourshing Scalp & hair treatment (60 Mts.) - AED 150/-















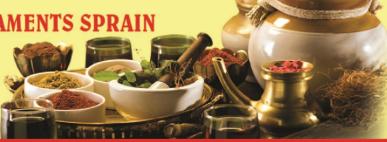






AYURVEDA

- SPORTS INJURIES
- BACK ACHES
- **JOINT PAINS**
- MUSCLES & LIGAMENTS SPRAIN
- **◆ TENDINITIS**
- **◆ SPONDYLOSIS**



Marma Therapy Massage 45 mins -

AED 100

Rejuvenation Abhyanga Therapy & Steam Bath 60 mins -

AED 150

Call For Appointments 050 -3209194

Tel : 06-5639530, Mob. : +971 50 7278620, Above Al Maya Supermarket, 1st Floor Al Musalla Road, Rolla, Sharjah - U.A.E





ABHYANGA MASSAGE



PATHRA SWEDA MASSAGE



HERBAL FACIAL



NO CHEMICALS, ONLY ORGANIC
PRODUCTS

HERBAL POWDER MASSAGE

SIRODHARA



SLIM & TONE. REDUCE WEIGHT



FOR MENTAL WELLNESS & STRESS RELIEF



IDEAL FOR HEAD ACHES & SINUSITIS



INCREASE YOUR EYE SIGHT & VISION

MEMBERSHIP PROGRAMS

Single Membership Price AED 2500/-

- 15 Sessions Ayurveda Abhyangam Massage + Steam bath. (Massage therapy to relax the body and to relieve the pain and fatigue) OR
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- 5 Sessions Sirodhara Treatment. (Ideal for Stress relief, Improving Concentration, Memory & Sleep disturbances) OR
 5 Sessions Pathrasweda Massage.
- 4. 3 Sessions Herbal Facial, 2 Sessions Anti Hair loss treatment.
- 5. 1 Year Free consultation with our Doctor.
- 6. 20% Discount on Yoga classes and Pranayama sessions.
- 7. 10% Discount on all Ayurveda Medicines.
- 8. Full body check- up.

Family Membership Price AED 4500 /-

This is the family membership or you can gift to any of your friends or family members under this scheme.

- 1. 30 Sessions Ayurveda Abyangam Massage or Pathrasweda + Steam Bath. 28 Sessions Slimming Therapy Massage + Steam Bath.
- 2. 7 Sessions Sirodhara.
- 3. 7 Sessions Herbal facial, 5 Sessions Hair loss treatment.
- 4. One Year free consultation to the Members or recommended.
- 5. 20% Discount on Yoga Therapy and 10% Discount on Medicines.

We provide Home SERVICES for After Delivery Cases & Old Age People.